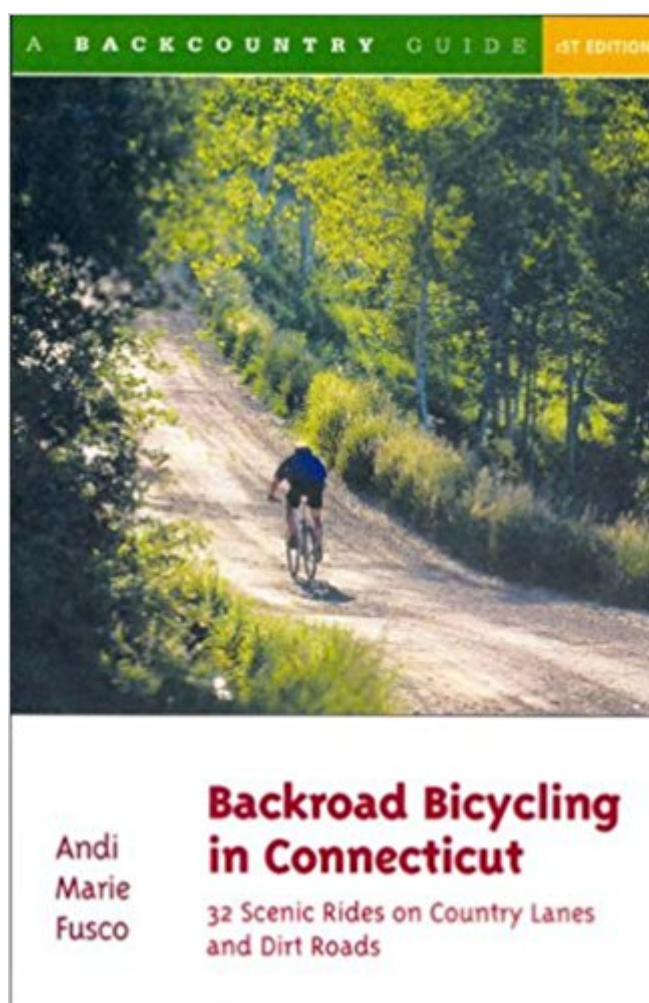


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# Backroad Bicycling In Connecticut: 32 Scenic Rides On Country Lanes And Dirt Roads



## Synopsis

Avid cyclist Andi Marie Fusco has explored hundred of miles of back roads in her home state to find the most scenic, uncrowded, and enjoyable cycling on both paved and dirt roads. As she explains in her introduction, "this book is your guide to all kinds across Connecticut. Some will challenge riders on hills replete with lung-searing climbs through the state's highest elevations...others will appeal to those who want to take an unhurried tour around a lake or along hidden dirt roads, stopping to picnic, swim, or just savour the journey. Other rides visit Connecticut's earliest colonial settlements, pass by the state's renowned wineries, and explore woodland trails." Rides range in length from a four-mile trail through a coastal reserve to a two-day tour of 114 miles. Each chapter includes a map and information on mileage, terrain, level of difficulty, near-by bicycle shops, and lodging options (for the overnight tours), as well as detailed route descriptions. An overview chart at the front of the book provides information at a glance. Throughout, Fusco provides fascinating commentary on the history and culture of this charming and picturesque New England state.

## Book Information

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## Customer Reviews

An indispensable guide to riding of all types in Connecticut. Especially valuable to the entry-level cyclist, chock-full of valuable tips and information. -- Brian Smith, New England Mountain Biking Association

Lifelong Connecticut resident Andi Marie Fusco is an elementary school teacher and travel writer, and spends most of her spare time on a bike. She is the co-author of *Connecticut: An Explorer's Guide*. She lives in Washington Depot, Connecticut.

*Backroad Bicycling In Connecticut* offers 32 rides suitable for cyclists of all abilities and ranging from a 4-mile trail through a coastal reserve to a two-day bike tour of 114 miles through scenic Connecticut. Organized into five regions (the Litchfield Hills; the North Country; the Quiet Corner; The Housatonic and Connecticut River Valleys; and the Shoreline - Greenwich to Stonington), *Backroad Bicycling In Connecticut* is an ideal, highly recommended planning guide suitable for beginners and with much of value for even experienced cyclists.

One of the best guide books out there. Thoughtful routes, great directions and tons of interesting information.

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